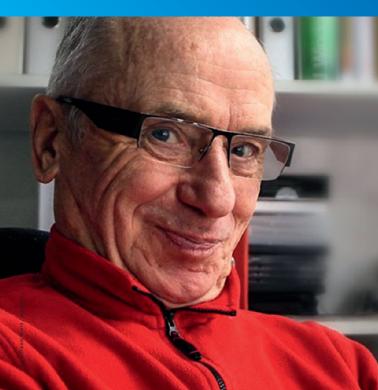


Leibniz Research Alliance

Healthy Ageing

Getting older allows us to take advantage of new opportunities, but it makes us more susceptible to diseases. Can we stay healthy as we age while benefiting from demographic change?



Leibniz Research Alliance **Healthy** Ageing



Over the past 120 years, the average life expectancy for men and women in Germany has doubled. At the same time, the older we get, the more likely it is that we will develop dysfunctions and serious illnesses that reduce our quality of life. The combined effects of longer life expectancy and low birth rates are causing a demographic change in developed countries. The challenge now is to find ways of turning the situation to everyone's advantage. The Leibniz Research Alliance Healthy Ageing aims to decipher the causes and effects of age-related dysfunctions and to develop measures and therapies that will reduce the negative impacts of ageing on individuals and society.

The alliance is a network of 21 Leibniz institutes. It brings together researchers from the fields of biology, medicine, psychology, education, sociology and economics. Their task is to research the factors that underlie the ageing process. They do this within interdisciplinary projects, an approach that allows them to investigate every aspect of healthy ageing, to collaborate on applying for projects, and to share resources and knowledge.

The Leibniz Research Alliance Healthy Ageing sees itself as a crossdiscipline research network and point of contact for policymakers and the media. Its expertise covers all issues associated with the biological, medical, social and economic aspects of ageing.

Academy for Spatial Research and Planning (ARL)

Centre for European Economic Research (ZEW)

German Diabetes Center (DDZ)

German Institute for Adult Education (DIE)

German Institute for Economic Research (DIW)

German Institute of Human Nutrition (DIfE) German Rheumatism Research Centre (DRFZ)

Leibniz-Institut für Analytische Wissenschaften (ISAS)

Leibniz-Institut für Molekulare Pharmakologie (FMP)

Leibniz-Institut für Wirtschaftsforschung (RWI)

Leibniz Institute on Aging (FLI)

Leibniz Institute for Farm Animal Biology (FBN)

Leibniz Institute for Neurobiology (LIN)

Leibniz Institute for Prevention Research and Epidemiology (BIPS)

Leibniz Institute for Primate Research (DPZ) Leibniz Institute for Psychology Information (ZPID)

Leibniz Institute for Zoo and Wildlife Research (IZW) Leibniz Institute of Ecological Urban and Regional Development (IOER)

Leibniz Research Centre for Working Environment and Human Factors (IfADo)

Leibniz Research Institute for Environmental Medicine (IUF)

Research Institute for Regional and Urban Development (ILS)

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